



# SOUL CARE

CHRISTIAN COUNSELING • SPIRITUAL DIRECTION

## The Road Ahead

My Lord God,

I have no idea where I am going.

I do not see the road ahead of me.

I cannot know for certain where it will end.

Nor do I really know myself,

and the fact that I think that I am following your will

does not mean that I am actually doing so.

But I believe that the desire to please you

does in fact please you.

And I hope I have that desire in all that I am doing.

I hope I will never do anything apart from that desire.

And I know that if I do this,

you will lead me by the right road

though I may know nothing about it.

Therefore, I will trust you always

though I may seem to be lost and in the shadow of death.

I will not fear, for you are ever with me,

and you will never leave me to face my perils alone.

- Thomas Merton



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## A Meditation

God has created me to do Him some definite service;  
He has committed some work to me which He has not committed to  
another.

I have my mission – I may never know it in this life, but I shall be told it in  
the next.

I am a link in a chain, a bond of connection between persons.  
He has not created me for nothing. I shall do good. I shall do His work.

Therefore I will trust Him.

Whatever, wherever I am,  
I cannot be thrown away.

If I am in sickness, my sickness may serve Him;  
If I am in sorrow, my sorrow may serve Him.

He does nothing in Vain.

He knows what He is about.

He may take away my friends.  
He may throw me among strangers.  
He may make me feel desolate, make my spirits sink, hide my future  
from me –

still He knows what He is about.

- Cardinal Newman